



LE MESSENGER

July 2025

DEPUIS 1806

FIERS DE NOTRE
PASSÉ
UNIS DANS LE
PROGRÈS

Please note that the Messenger will be on hiatus for the month of August.

A WORD FROM THE MAYORESS

Hello everyone,

What a start to the summer! I hope things are going well on your end, despite Mother Nature's ups and downs that have us swinging from one extreme to the other.

Over the past few months, the members of the advisory committees have been working hard, bringing forward interesting suggestions for analysis and proposing concrete solutions.

Among these, I'd like to take a moment today to highlight the work done by the **Agriculture and Forestry Advisory Committee**. In their efforts to better understand the Municipality's territory, the members have documented the significant transformation of Frelighsburg's landscape.

A Transforming Landscape

While our territory was primarily agricultural at the beginning of the last century, it is now almost entirely covered by forests.

This evolution, while beneficial for ecological connectivity and the health of ecosystems, also has notable consequences, particularly the reduction of local agricultural capacity and changes to the visual character of our landscapes.

Preserving Our Agricultural Identity

Given that more than a quarter of agricultural plots have been overtaken by forest since 1980 — and that this trend remains strong today — the Council wants to introduce measures to raise awareness among landowners about the importance of keeping these areas open.

Concrete Actions Coming Soon

To this end, a regulation is currently in preparation. It will require that identified plots be mowed at least once every three years.

Property owners may choose to delegate this task to the Municipality, who will then carry out the work and invoice them for the cost.

The presentation of this regulation is planned for the coming months.

We'll get back to you in due time with all the details regarding its implementation.

Successful Raccoon Rabies Vaccination Campaign

Thanks to the volunteer efforts of four veterinarians and two technicians, as well as with support from the S.P.A. des Cantons, 48 dogs and cats were vaccinated during this special intervention day. The participants have already expressed their willingness to take on the challenge again — free of charge — in 2026, should the need still exist. Simply put, thank you for your collaboration.

Wishing everyone a great month of July.

We'll see you at the **Fête au Village** on **Saturday, August 2**, for Frelighsburg's quintessential summer gathering!

Lucie Dagenais
mairese@frelighsburg.ca

MUNICIPALITY

PROPOSED DRAFT REGULATIONS IN THE PROCESS OF ADOPTION

To review draft bylaws, visit frelighsburg.ca or stop by Town Hall to obtain a copy. Note: Before the adoption date of a bylaw, you can always submit comments or suggestions for potential modifications.

Draft Bylaw No. 164-09-2024 regarding agreements related to municipal works
Notice of motion: September 25, 2025
Expected adoption: August 4, 2025

Draft Bylaw No. 175-06-2025 establishing pricing for the financing of certain goods and services
Notice of motion: June 2, 2025
Expected adoption: July 7, 2025

Draft Bylaw No. 176-06-2025 regarding speed limits on the municipal road network of Frelighsburg
Notice of motion: June 2, 2025
Expected adoption: July 7, 2025

FIRE SAFETY

Start of the Residential Fire Prevention Season

Firefighters are beginning their annual prevention rounds. They will visit residents to check that smoke detectors are working properly and to answer questions about fire safety. The list of authorized firefighters making these visits is available on the Municipality's website.

Important: Firefighters will never sell anything during these visits—not smoke detectors, not extinguishers, nor any other product or service. If someone attempts to sell you something while posing as a firefighter, they are not an official representative.

PUBLIC HEALTH

Preventive Measure Regarding Raccoon Rabies

The risk of spreading rabies by moving or relocating animals is currently very high in several municipalities in the Estrie and Montérégie, including the MRC of Brome-Missisquoi.

For this reason, it is prohibited to move a raccoon, skunk, or fox that is still alive. Even if an animal appears healthy, it may be in the incubation period for rabies and could develop symptoms weeks—or even months—after being infected.

Anyone who violates the ban on transporting these animals is committing an offense and is subject to a fine.

RECYCLING

Contenants,
emballages,
imprimés.
C'est tout.



YES, BUT... THERE ARE EXCEPTIONS!

Aerosol containers (e.g., paint, sunscreen, hairspray, dry shampoo, non-stick cooking spray, insect repellent, disinfectant spray, etc.) and protective polystyrene packaging do not belong in the blue bin.

We ask that you drop these items off at the ecocenter, located at 2500 Rang St-Joseph in Cowansville.

Municipal Council

The next meeting of the Municipal Council will be held on July 7, 2025, at 7pm. To send a question to the Council, visualize the agenda or take part in the meeting online, go to: frelighsburg.ca/conseil

Town Hall Opening Hours

Monday to Thursday : 8:30 am to 12 pm and from 1 pm to 4:30pm
Friday is by appointment only
450 298-5133 — municipalite@frelighsburg.ca

NEWS FROM THE ADVISORY COMMITTEES

ENVIRONMENT

Food Waste

Did you know that household food waste amounts to an average of 79 kg per person per year, which is the equivalent of \$1,000 thrown away annually?

And according to a study by Recyc-Québec, food waste contributes to the production of 7.9 million tons of greenhouse gases.

In addition to having a considerable impact on our wallets, food waste also causes significant environmental harm.

Tips to Reduce Food Waste!

- Plan your weekly meals in advance
- Make a list of the groceries you actually need
- Buy in moderate quantities and in bulk to get exactly what you need
- Store food at the right temperature
- Organize your fridge so that older items are at the front
- Give tired-looking food a second life by turning it into soups, desserts, jams, juices, etc.
- Use all parts of food to make broths (e.g., carrot tops, parsley stems, fish bones, etc.)
- Use vegetable leaves to make homemade pestos
- Prepare individual portions ahead of time for lunch boxes or snacks
- Cook in groups and exchange meals with your neighbors

Make a List... of What You Already Have

Keep track of what's in your pantry, fridge, and freezer—and update the list weekly.

Green Fridge Reopening

You can also donate fresh fruits or vegetables to the green fridge located in the Paul-Goodhue Park.

In fact, the restocking of fresh vegetables from local producers will resume on Tuesday, July 8 (with a break on July 22 and 29).

Online Tips!

To help reduce food waste at home, visit: sauvetabouffe.org

COMMUNAUTY

FARMERS' MARKET

On Saturday, July 5, the Frelighsburg Farmers' Market is turning into a... BAZAAR!

In addition to the usual amazing vendors, you're invited to come sell your treasures and old items at the park during market hours, from 9 a.m. to noon. Whether on a blanket, from the trunk of your car, or under a parasol, it's the perfect opportunity to do a bit of decluttering and give your belongings a second life.

Have questions or need more info? Write to marchefrelighsburg@gmail.com or contact us via social media.

There's no participation fee, but a voluntary contribution to the market, based on your sales, would be greatly appreciated.

Important note: Each participant must bring their own setup and be ready to sell promptly at 9 a.m. The amazing organizers will be on site to guide you starting at 7:30 a.m.

FÊTE AU VILLAGE – AUGUST 2, 2025

The town festival is fast approaching! Join us on Saturday, August 2 for a full day of activities, great vibes... and live music!

Are you a musician or part of a band?

We're looking for local talent to perform on stage. Whether amateur or professional, come share your passion by signing up through the Fête au Village Facebook page.

Volleyball Tournament

Registration for the tournament is open! Join the fun, spots are limited. Cost: \$10 per person

To register, email: sam.salois00@gmail.com

Come celebrate with us!

MONT PINACLE LAND TRUST

"The Forest Under the Microscope" – Explore ecosystems of all sizes with Jessica Adams, on Saturday, July 12 at 10 a.m. Register at: www.montpinacle.ca

ART CENTER

From July 4 to August 10, the Frelighsburg Art Center presents the exhibition by Silvia Gerome: *Silent Houses and Other Constructions*.

📅 Opening : Sunday, July 6, from 2 p.m. to 4 p.m.

Silvia Gerome photographs abandoned buildings. Their presence in the landscape suggests they once bore witness to the collective memory of a place that was once lived in.

By showing the slow decay of these weathered and crumbling materials, her photographs suggest that the stories of these places are gradually fading away.

ADÉLARD

Until August 3, Adélarde welcomes artist-in-residence Ann Karine Bourdeau Leduc in the barn. During her stay in Frelighsburg, the artist explores architectural textures of the region.

Several events are scheduled throughout the month:

- **Cultural Apéro**, in collaboration with the Frelighsburg Art Center → Double guided tour on the theme of *artists' perspectives on architecture*. The tour begins at the Art Center with Silvia Gerome's exhibit, continues with the visit to Ann Karine Bourdeau Leduc's exhibition, and ends with a conversation with the artist over a drinks. Friday, July 11, at 4 p.m., at the Frelighsburg Art Center.
- **Guided Tours of the Outdoor Exhibition** – *in a handful of soil* Linked to the outdoor exhibit, two tours are planned: E-bike tour: Sunday, July 20 at 2 p.m. Bus tour with curator Noémie Fortin: Sunday, July 27 at 3 p.m. Discover or rediscover the works of art scattered across five village cemeteries. Registration required.
- **Bat Observation Night** with Cynthia G. Renard and Victor Grivegnée-Dumoulin Ahead of Cynthia G. Renard's fall exhibition, join the artist and bat expert Victor Grivegnée-Dumoulin (biologist, Appalachian Corridor) for a night of bat watching. Registration required!

Benevolent Squad

Would you like to give a helping hand to your community a few times a month?

The Benevolent Squad is looking for volunteers to receive occasional requests from residents via email or voicemail, and discreetly pass them along to the volunteer team.

Your role: simply be the caring, listening connection — no need to take direct action yourself. It's a gentle and meaningful way to make a difference.

Interested? Write to: municipalite@frelighsburg.ca

CAMP GARAGONA

A beautiful summer is underway at Camp Garagona!

The overnight camp and day camp are officially in full swing. Laughter, songs, and outdoor adventures are already filling our days.

A big thank you to all those who support us — partners, donors, families, and community members — for making this summer possible. Thanks to you, another magical season of friendship and unforgettable memories is coming to life!

LA BRIMBALANTE PRESENTS : L'ÉCLATÉE

In collaboration with Camp Garagona and its campers, the mini clown explosion festival will be taking place from 6 p.m. to 9 p.m. on July 7, July 21, and August 5 at the Bishop Stewart Church.

Free event highlights: Performances, carnival vibes, clowns, food & drinks, DJ, face painting — and more!