

TO KEEP

Practical Ecocitizen Guide

SORTING

*it's that
easy*



RECYCLING



COMPOSTING



ECOCENTERS



**BE PART OF THE SOLUTION.
YOU MAKE THE DIFFERENCE!**



RECYCLING

it's that easy



Is it a container, a wrapping or a printed material?

AND

Is it made from paper, cardboard, metal, plastic or glass?



If you answered YES to both of these questions, it goes in the **RECYCLING BIN!**

RECYCLING TIPS AND TRICKS

Empty and flatten your boxes and containers.

Publisac flyers must be removed from the plastic bag.

Do not crush paper sheets.
Put shredded paper in a clear tied bag.

Leave your recycling articles loose in the bin.

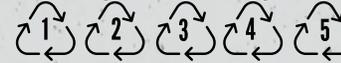


Properly rinse all containers.



Plastic

- All plastic containers and bottles such as personal hygiene and household cleaning products, or packaging identified by one of these symbols:



- Caps and lids
- Plastic bags gathered in one clear tied bag (bag of bags)



Bag your bags!

Look twice at the number on your plastic article, because these plastics go in the garbage bin:



Paper/Cardboard

- Cardboard boxes, rolls and tubes
- Cereal /cookie boxes and egg crates
- Milk and juice cartons and aseptic containers (Tetra Pak™ type)
- Newspapers, flyers, magazines, books, catalogues, telephone directories, envelopes, paper bags and sheets of paper



Metal

- Caps and lids
- Tin cans, aluminum plates, beverage cans and foil



Glass

- Glass containers, bottles and jars
- NO dishware

PRIORITIZE DEPOSIT SITES FOR RETURNABLE CONTAINERS.



MANY GLASS CONTAINER DEPOSIT SITES ARE AVAILABLE!



Consult bmvert.ca for container locations



COMPOSTING

it's that easy



Can it be eaten?

Is it soiled paper or cardboard?

Is it garden waste?

If your answer is YES,
it goes in the
BROWN BIN!



Kitchen Waste

- Animal food
- Cereal products (bread, pasta, etc.)
- Dairy products and egg shells
- Fruits, vegetables and their peels
- Meat and fish (all parts)
- Nut shells
- Spoiled food (no packaging)



Paper/Cardboard soiled and non-waxed

- Cardboard dishware
- Muffin paper molds
- Newspapers
- Paper towels (without chemical products)
- Pizza boxes (non-waxed)
- Tissues
- Parchment paper



Garden Waste

- Grass, garden waste, straw, hay, etc.
- Leaves and conifer needles
- Potting soil



Other materials

- Animal litter or feces loose or in a paper bag
- Cold ashes and natural corks
- Fur, feathers and hair

DID YOU KNOW THAT...

Only compostable non-waxed cardboard dishware and packaging are accepted in the brown bin.



Compost is available for free to all MRC residents. Consult bmvert.ca

44% of your garbage is organic matter. Keep composting!



COMPOSTING TIPS AND TRICKS

Rinse your bin often to reduce bad odours.



Sprinkle with sodium bicarbonate (baking soda), salt or vinegar to avoid fruit flies and maggots.



Wrap your leftovers meat, fish, seafood, shells and bones as well as soggy food in a newspaper sheet and twist it at each end.



Put any leftovers meat or fish in the freezer until collection day.



Take off stickers and elastics bands from your fruits and vegetables before putting them in the brown bin.

ONLY PAPER BAGS ARE ACCEPTED.

No biodegradable or compostable plastic bags in the brown bin.



Practice grasscycling or leafcycling by shredding your grass and leaves with the lawnmower and leaving them to breakdown on your lawn.





VALORIZING

it's that easy



Regional EcoCenter open year round

2500, St-Joseph Road, Cowansville, 450 263-2351

Monday to Thursday : 7:30 AM - 4:30 PM

Friday : 7:30 AM - 12 PM & 1 PM - 4:30 PM

Saturday : 8 AM - 12 PM & 12:30 PM - 4 PM

Closed on Sundays and Holidays

ECOCENTERS ARE **FREE**
FOR ALL MRC RESIDENTS.

Consult **BMVERT.CA**
for
LOCAL ECOCENTERS
SCHEDULE AND CALENDAR

Steps to follow...

- 1 Separate your items before coming to the ecocenter.
- 2 Show an ID card and proof of residence.
- 3 Put your items by yourself in the designated sections.
No help provided on site.

Residential trailer with a maximum
of 64 ft³ (1,8 m³)
(example : 4' x 8' x 2')



ACCEPTED ITEMS

AGGREGATES
Brick, concrete, asphalt, rock, etc.



WOOD
Wood, branches, wood furniture, pallets, etc.



ELECTRONIC APPLIANCES
Televisions, computer hardware, etc.



ROOF SHINGLES REFUSED **CRD**
Construction, Renovation and Demolition items
Insulation wool, gypsum, PVC pipes, etc.



METAL
Iron, aluminum, metal scraps, appliances, etc.



HHW
Household Hazardous Waste
Paint and oil in their original containers, filters,
batteries, compact fluorescent light bulbs, etc.



RECYCLABLE ITEMS
Paper, cardboard, plastic, glass, metal



Bring your used but
still good items
to local charity
organisations or
thrift stores.



**DEAD LEAVES AND
GARDEN WASTE**
In bulk or in paper bags only



VARIOUS ITEMS
Carpets, sofas, mattresses, tires,
bicycles, styrofoam packaging,
infant/child car seats, etc.





SOME ARTICLES MUST BE PUT IN THE GARBAGE

Be sure your articles cannot be recycled, composted or sent to the ecocenter before disposing of them in the garbage.

- Broken dishware
- Chip bags
- Coffee cups
- Compostable or biodegradable plastic dishware and packaging
- Diapers
- Ear swabs and dental floss
- Glazed, waxed or laminated cardboard boxes
- Numbers  plastics
- Photos or laminated papers
- Plastic or bubble mail envelopes (Ex.: Amazon, Purolator)
- Plastic utensils
- Plastic wine corks
- Plastics with no number
- Sanitary products
- Snack packaging
- Small yogurt containers
- Styrofoam food packaging
- Tobacco products
- Textiles

OTHER OPTIONS

MANY DEPOSIT SITES ARE AVAILABLE IN THE BROME-MISSISQUOI AREA



Businesses offering a paint recycling service



Glass container deposits



Containers for used textiles in good condition



Local community organizations for second life of useful material



Pharmacies for drugs and syringes



Regional Ecocenter for styrofoam packaging

CONSULT YOUR MUNICIPALITY FOR SPECIAL COLLECTIONS SCHEDULES



Dead leaves



Bulky items



Christmas trees

bmvert.ca

Printed on a paper made with 100% post-consumer fiber.

Download the app **Where does it go? / Ça va où?** for a better sorting

